



Fairview Regional Medical Center is a Critical Access Hospital located in rural NW Oklahoma.

Mission

"To provide high quality, family-centered health care, to the people of Fairview and surrounding communities."

Challenges

January of 2021 FRMC experienced an increased number of patient falls (72%) on the med/surg unit. The fall reduction project is on our med/surg, which is primarily patients 65+ years of age. FRMC resides next door to a senior living center.

Goal

Decrease the fall rate on med-surg unit for patients 65+ years of age and sustain zero.



2022 Excellence in Quality Award – Critical Access Hospital

Fairview Regional Medical Center Patient Fall Reduction on Med/Surg Unit

Interventions

- Complete admission risk assessment, including intake/output, medication review and referral to physical therapy for at-risk patients.
- Assign patients to rooms closest to nursing station and place fall indicators on patient doors and wristbands.
- Orient patients to the call light, ensure the room is tidy and uncluttered and assistive devices are within reach.
- Conduct post-event briefings.
- Ensure bed is in the low position, fall mats are in place and bed alarms are activated.
- Conduct frequent patient rounding by nursing staff.
- Ensure patient has proper footwear.
- Provide frequent staff training in fall prevention.
- Encourage patient and family engagement.

Team Members



Outcomes

- Downward trend in fall rate from February 2021 to July 2022.
- Fall rate is lower than all OK HQIC hospitals for 13 of 18 months.

